

30 DAY CHALLENGE

BEGINS FRIDAY

FEB 10

SET YOUR OWN NUMBER OF DAYS
TO EXERCISE WITHIN THE MONTH.

*Take the challenge
AND SIGN-UP!*



**CELEBRATION
1.2 WALK/5K RUN**

SATURDAY

MAR 11

FREE EVENT AT TURLOCK HIGH SCHOOL
WITH CHILDREN RACES TOO!

*FREE T-SHIRTS TO FIRST
200 participants!*

ASPIRING TO CREATE HEALTHY HABITS FOR LIFE!



Sign-up @ AspireFitnessChallenge.com